



*Dive In First Class*  
www.mermetsprings.com

**Mermet Springs – Dive in First Class**  
PO Box 1347, Vienna, IL, 62995 USA  
Tel: (618) 527-3483 Fax: (618) 524-9444  
www.mermetsprings.com

## **Stress and Rescue Specialty Class – October 2023**

### Who Should Take This Class?

If you want to be a safer diver and a better buddy, this class is perfect for you. Whether you are an Open Water Diver or preparing to be a Dive Leader, this class is designed for you!

Friday, October 27 (5:30PM – 9:30PM) - DAN O2 at Mermet Springs

Saturday, October 28 (9AM - 4PM) - CPR, De-Fib, First-aid, and S&R classroom at Mermet Springs

Saturday, October 28 (4PM - 7PM) - Pool Training – Location TBA\*

Sunday, October 29 (9AM - 5PM) - Rescue Scenarios Open Water at Mermet Springs

*\*Pool Training Location will depend upon season and pool availability.*

### Class Description:

The rescue diver class includes 4 certifications. At the conclusion of this class you will be certified in CPR, De-Fib, DAN O2, and Stress Rescue.

This class is challenging and is geared for the person who is serious about their diving.

**NOTE: All the above certifications are prerequisites for the Dive Leader Programs and to achieve your Master Diver rating.**

### Prerequisite:

You must be at least 12 years old.

### Where:

Classroom sessions held at Mermet Springs, Pool training will be held at an area pool (TBA), & Rescue Scenarios will be held in Open Water at Mermet Springs.

### Training Materials:

Upon making a deposit for this program, you will have access to your digital training program on your MYSSI App or when you log in at [www.divessi.com](http://www.divessi.com). You must pass all quizzes before you arrive for class. We will track your progress and print your diploma as proof of completion when you arrive. For the DAN O2 & BLS portion, you will receive access to the digital course at [dan.diverelerarning.com](http://dan.diverelerarning.com). There will be a multiple-choice exam at the end of the classroom portion.

**You must pass the final exam with a score of 80% or higher.**

### Training Dives:

You will complete pool work, along with open water scenarios to complete the program.

### What Do I Need to Bring:

Bring your current, completed medical. **If you have any 'yes' answers, you must have a physician sign-off that you are cleared to dive.**

*Air fills and rental equipment are not included for this specialty-training course.*



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Class Fees:

Total cost for the class is \$330.00

- \$260 includes your instruction, instructor fees, & entry into our facility. Note: Diving Accident Flow Chart and 5-minute Neuro Exam are available on your SSI App for FREE.
- \$70 pays for DAN O2 and SSI digital home study program, certification fees, your digital certification card, certification card, and diploma.

To Sign-Up:

Purchase your training materials & make a \$100 deposit to hold your place in class.

*Note: There will be a \$50 rescheduling fee for anyone canceling a class with less than a 7-day notice.*

**Contact [glen@mermetsprings.com](mailto:glen@mermetsprings.com) for more information!**